

A Rainbow of Myths

Myth #1 Homosexuals are born that way.

No solid scientific evidence exists today that people are born homosexual. ¹

Dr. Simon LeVay said, “It’s important to stress what I didn’t find. I did not prove that homosexuality is genetic or find a genetic cause for being gay.” ²

Dr. Dean Hamer stated, “These genes do not cause people to become homosexuals ... ultimately, it is the environment that determines how these genes will express themselves.” ³

Myth #2 10% of the population is homosexual.

A coalition of 31 homosexual advocacy groups admitted in a legal brief filed with the U.S. Supreme Court in the case of *Lawrence vs. Texas* that only 2.8 percent of the male and 1.4 percent of the female population identify themselves as gay, lesbian or bisexual. ⁴

Myth #3 Youth should be encouraged to celebrate their same-sex attractions.

Dr. C. Socarides of the National Association for Research and Therapy of Homosexuality (NARTH) says, “A teenager who experiments with homosexual behavior, or who is encouraged by misguided counselors to affirm his supposedly gay identity, may find himself trapped in an addiction that is difficult to break.” ⁵

Directing youth in a gay-affirming direction is negligence in light of the conclusions of a recent study: “Findings support recent evidence suggesting that gay, lesbian and bisexual young people are at increased risk of mental health problems.” ⁶

Myth #4 Homosexuals cannot change.

In 1973, Dr. Robert Spitzer led the team in redefining homosexuality in order to remove it from the disorder list. After his most recent study, Dr. Spitzer stated:

“Like most psychiatrists I thought that homosexual behavior could be resisted—but that no one could really change their sexual orientation. I now believe that’s untrue—some people can and do change.” ⁷

Psychotherapist and ex-gay Richard Cohen in his book, *Coming Out Straight*, states, “understanding the origins of the homosexual condition is imperative to aiding any man or woman who is trying to exit from this ‘dis-ease’... To those who wish to change, please know that you are not alone. You can do it.” ⁸

Myth #5 The Bible does not condemn homosexuality.

All major religions condemn homosexuality. Here is what the **Bible** says about it:

“Likewise also the men, leaving the natural use of the woman, burned in their lust for one another, men with men committing what is shameful ...”
Romans 1:27

“You shall not lie with a male as with a woman. It is an abomination.” Leviticus 20:13

“Do not be deceived. Neither fornicators, nor idolaters, nor adulterers, nor homosexuals, nor sodomites ... will inherit the kingdom of God.” 1 Corinthians 6:9-10

Pope John Paul II: “Homosexual acts are against nature’s laws. The church cannot silence the truth, because this would not help discern what is good from what is evil.” ⁹

Myth #6 30% of teen suicide victims are homosexual.

Peter Muehrer of the Prevention Research Branch of the National Institute of Mental Health stated, “... it is not possible to accurately compare suicide attempt rates between gay and lesbian youth and non-gay youth in the general population. There is no scientific evidence to support this [30 percent] figure.” ¹⁰

Myth #7 It is dangerous to seek help for unwanted same sex attraction.

Dr. Warren Throckmorton, past president of the American Mental Health Counselors Association, concludes that “efforts to assist homosexually oriented individuals who wish to modify their patterns of sexual arousal have been effective, can be conducted in an ethical manner, and should be available to those clients.” ¹¹

Myth #8 Homosexuality is normal and healthy.

The Journal of the American Academy of Pediatrics studies identified the association between health risk behaviors and sexual orientation. Results of the analysis revealed more than 30 risks positively associated with self-reported gay, lesbian and bisexual orientation. The study was conducted by the Harvard Medical School of 4,159 9th-12th-grade students. ¹²

A complete medical report, *The Health Risks of Gay Sex* by Dr. John R. Diggs, Jr., may be viewed at www.corporateresourcecouncil.org/white_papers/Health_Risks.pdf.

So what really is homosexuality?

There has been much effort through the distribution of deceptive information to create a new form of human being, a homosexual. The fact remains, there is no biological or genetic cause for homosexuality.

“We are all heterosexual. Some heterosexuals have a homosexual problem, but it does not mean there are two different kinds of people,” states Dr. Joseph Nicolosi, president of the National Association for Research and Therapy of Homosexuality.¹³

The dictionary simply defines homosexuality as “erotic activity with another of the same sex.”¹⁴

A combination of factors play a role in an individual’s developing same-sex attraction: environment, psychological and emotional factors, as well as choice.

Homosexuality is dangerous. Individuals with same-sex attraction have the right to full disclosure of information concerning homosexuality in order to make an educated decision about such a risky behavior.

It is the desire of Concerned Women for America of Virginia that by exposing these myths, fewer individuals will be caught in the trap of homosexuality, and those who are will have hope for a better life.



Helpful Resources for Unwanted Same-Sex Attraction

exodusyouth.net
freetobeme.com
narth.com
truthcomesout.com
jonahweb.org
pfox.org
witnessfortheworld.org.ministries.html
gaytostraight.org
exodus-international.org
drthrockmorton.com
anotherway.com
peoplecanchange.com
courageRC.net
www.regenbooks.com

1. Frank Worthen, “What is Homosexuality?” Speech presented at a Love in Action conference, San Rafael, California, 1993.
2. David Nimmons, “Sex and the Brain,” *Discover* Vol. 15, No. 3, March 1994, pp. 64-71.
3. J. Madeleine Nash, “The Personality Genes,” *Time*, Vol. 151, No. 16, April 27, 1998, pp. 60-61.
4. Amicus curiae (or “friend of the court”) brief filed with the U.S. Supreme Court in the case of *Lawrence v. Texas*, p. 16, February 2003.
5. Dr. Charles Socarides, *Homosexuality: A Freedom Too Far* (Phoenix: Adam Margrave Books, 1995), p. 19.
6. Fergusson, PhD., Horwood, MSc, Beautrais, Ph.D., “Is sexual orientation related to mental health problems and suicidality in young people?” *Archives of General Psychiatry*, 1999, p. 1.
7. Dr. Robert Spitzer, “200 Subjects Who Claim to Have Changed Their Sexual Orientation from Homosexual to Heterosexual.” Speech presented at the American Psychiatric Association Annual Convention, New Orleans, May 9, 2001.
8. Richard Cohen, *Coming Out Straight: Understanding and Healing Homosexuality*, (Winchester, Virginia: Oakhill Press, 2000), p.26.
9. Pope John Paul II. Speech presented at the Grand Jubilee in Rome, 2000.
10. [Http://traditionalvalues.org/urban/five.php](http://traditionalvalues.org/urban/five.php).
11. Warren Throckmorton, Ph.D., “Attempts to Modify Sexual Orientation: A Review of Outcome Literature and Ethical Issues,” *NARTH Bulletin* 20, October 1998, pp. 283-304.
12. R. Garofalo, et al., “The Association Between Health Risk Behaviors and Sexual Orientation Among a School-Based Sample of Adolescents,” *Pediatrics*, Vol. 101, No. 5, May 1998, pp. 895-902.
13. Joseph Nicolosi, Ph.D., “The Condition of Male Homosexuality.” Speech presented at the Love Won Out conference, Dallas, Texas, May 6, 2000.

Concerned Women for America of Virginia

P.O. Box 1101 703-444-1740
Sterling, VA 20167 703-430-4510 FAX
virginia.cwfa.org director@virginia.cwfa.org

AT THE END OF THE RAINBOW

Exposing the Myths of Homosexuality